

CENTRAL CONFERENCE BY-LAWS

(September 9, 2009)

ARTICLE 1

Financial Arrangements

Section 1: Annual Dues

Dues may be assessed to member schools of the Central Conference. Dues shall be set at the March meeting of the Conference for the ensuing school year.

Section 2: Central Conference Passes for Member School's Staff

Employee identification badges and/or passes provided by member schools shall serve as a pass to admit the bearer to all Central Conference athletic and co-curricular activities and Conference tournaments.

Section 3: Central Conference Passes for Cheerleaders and Pep Band Members

Member school's cheerleaders, in uniform, will be admitted to the tournament free of charge, only if that member school is participating in the tournament

Section 4: Participants in the Conference Tournaments or Activities

Member school's participants, e.g., players, student managers, will be admitted to the tournament free of charge only if that member school is participating and has not been eliminated from the tournament.

Section 5: Passes for Retired Coaches and Administrators

Individuals who retire as a conference coach/sponsor or administrator from a member school of the Central Conference shall be issued a Lifetime Retirement Pass. Such pass will admit the bearer to all Central Conference activities and athletic events including Conference tournaments.

Section 6: Meeting Expenses

Each member school is responsible for their own incidental and meal expenses.

ARTICLE II
Central Conference Sanctioned Events

Section 1: Minimum Number of Participating Member Schools

In order for a Conference athletic event or activity to be sanctioned by the Central Conference, seven member schools must participate in said athletic event or activity.-If seven or more schools are involved in the same athletic event, with the exception of football, a Conference tournament shall be held to determine the Conference champion.

Section 2: Cancellation of Conference Tournament

The following is the protocol to be used by the host school's event director in the event of the cancellation of a Conference tournament due to inclement weather or unforeseen circumstances:

- ❖ Each member school participating in the Conference tournament shall be contacted to ascertain the severity of weather conditions and/or circumstance that may prevail that would necessitate the cancellation of the tournament.
- ❖ The host school's event director shall confer with and receive approval from the Conference Chairperson prior to making a decision to cancel or postpone a Conference tournament.
- ❖ Each member school participating in the Conference tournament shall be contacted to determine if an alternate date can be agreed upon, which, if available, will serve as the tournament date.
- ❖ No Central Conference tournament, meet or activity shall be held on a Wednesday unless a postponement deems it necessary.
- ❖ In order for a Central Conference Tournament to be held, a minimum of seven schools must participate.
- ❖ A Conference school may withdraw from a Central Conference tournament/meet due to unforeseen circumstances, other than inclement weather, with permission from the executive committee of the Central Conference.
- ❖ If a Conference tournament is cancelled, the host school has the prerogative to organize a non-conference event with the Nebraska School Activities Association (NSAA) guidelines.

Section 3: Football

Football is not considered a Central Conference athletic event due to the regulations of the NSAA.

Section 4: Cross Country:

- a) The Central Conference Cross Country Meet shall be held during Week 14 of the NSAA calendar. The meet shall follow the NSAA guidelines for District Cross Country competition.
- b) All Cross Country coaches will identify the top six (6) runners as the varsity team and four (4) will score.
- c) Additional runners may enter as reserves and run concurrently with the varsity team. A reserve team score will not be kept.

Section 5: Volleyball:

- a) Each member school must schedule all schools within its Division to qualify for the Division championship.
- b) The Central Conference Volleyball Tournament shall be held during Week 15 of the NSAA calendar.
 - ❖ The Central Conference Volleyball Tournament shall be played on Thursday and Saturday in two pools comprised of five teams in each pool
 - ❖ Pools will be determined by the NSAA “powerpoints” after Friday of Week 14 of the NSAA calendar.
 - Pool A: Shall be comprised of Teams 1, 4, 5, 8, and 9.
 - Pool B: Shall be comprised of Teams 2, 3, 6, 7, and 10.
 - ❖ Tie Breaker (1-10)
 - 1. Head to Head
 - 2. Conference games winning percentage
 - 3. Coin flip
 - ❖ Conference Tournament held on Thursday of Week 15 of the NSAA calendar:
 - Two games will be played on Thursday.
 - The host school shall be one of the five teams within the pod.
 - The Central Conference Executive Committee shall determine the host school utilizing the following criteria:
 - The school within the pod that is considered the central location of all five schools.
 - The highest seed within the pool.

- c) The Central Conference Volleyball “All Division” shall be as follows:
- ❖ The coaches will select players for the All Division teams at the November meeting of the Conference.
 - ❖ The Ballot to vote for All Division players, is available from each member school’s Activities Director.
 - ❖ Each Division coach may nominate no more than six (6) players from their own team.
 - ❖ Each coach shall rank the fourteen (14) best players in the Division. Each player shall be weighted; the best player shall receive 14 points regressing to one (1) point for the fourteenth best player.
 - ❖ A coach may vote for their own player(s).
 - ❖ The seven players receiving the greatest number of points in the balloting, shall be designated the All Division First Team. The remaining players shall be designated the All Division Second Team. If a tie exists for the fourteenth position, the fourteenth player will be determined by a secret vote of the coaches involving only the two players who are tied. A coach may vote for their own player.
 - ❖ If a player is nominated for All Division but is not selected to the First or Second All Division Teams, but receives a vote on two different ballots, she will be designated Honorable Mention All Division.
 - ❖ Ballot and final results will be turned into the Vice Chairperson of each division. Results will not be released to the media until approved by the Vice Chairperson.

Section 6: Golf:

- a) The Central Conference Girls Golf meet shall be held during Week 13 of the NSAA calendar; the Central Conference Boys Golf meet shall be held during Week 44 of the NSAA calendar.
- b) Both Central Conference Girls and Boys Golf shall follow the same guidelines as the NSAA for District Golf competition.

Section 7: Softball:

- a) Each member school must schedule all schools within its Division to qualify for the Division championship.
- b) The Central Conference Softball Tournament shall be held during Week 13 of the NSAA calendar.
 - ❖ Brackets for the Conference Tournament are continually updated and available on the Central Conference website.

- ❖ Scorebook of the host team shall be considered the official scorebook.
 - ❖ Teams will be seeded according to NSAA wild card points on Monday Week 13 of the NSAA calendar. If two teams have identical wild card points, the winner of the game between the two teams who tied will receive the higher tournament seed. If there has not been “head to head competition” between the two teams tied, the teams will draw for the seed in the pairings. If three teams have identical wild card points, the teams will draw for their seed in the pairings.
- c) The Central Conference “All Division Teams” selection shall be as follows:
- ❖ The coaches will meet during Week 16 of the NSAA calendar to select players for the All Division teams.
 - ❖ The Ballot to vote for All Conference players is available from each member school’s Activities Director.
 - ❖ Each member school may nominate twenty-two (22) players, with no more than nine (9) players from their own team.
 - ❖ Each coach shall rank the best twenty-two (22) players from those nominated for consideration. Each player shall be weighted; the best player shall receive twenty-two (22) points regressing to one (1) point for the twenty-second best player.
 - ❖ A coach may vote for their own player(s).
 - ❖ The eleven (11) players receiving the greatest number of points in the balloting shall be designated the All Division First Team. The remaining players shall be designated the All Division Second Team. If there is a tie for the twenty-second position, the twenty-second player will be determined by a secret vote of the coaches involving only the two players who are tied. A coach may vote for their own player.
 - ❖ If a player is nominated for All Division but is not selected to the First or Second All Division Teams, but receives two votes in the balloting, she will be designated as Honorable Mention.
 - ❖ All ballot and final results will be turned into the Vice Chairperson of each division. Results will not be released to the media until approved by the Vice Chairperson.

Section 8: Basketball:

- a) Each member school must schedule all schools within its Division to qualify for the Division championship.
- b) Teams will be seeded according to NSAA wild card points on Monday of Week 29 of the NSAA calendar. If two teams have identical wild card points, the winner of the game between the two teams who are tied will receive the higher tournament seed. If three or more teams have identical wild card points, the teams will draw for their seed in the pairings.

- c) The Central Conference Boys and Girls Basketball Tournament shall be held during Week 30 of the NSAA Calendar.
- ❖ Brackets for the Conference tournament are continually updated and available on the Central Conference website.
 - ❖ The Tournament shall follow the NSAA guidelines for the District Girls and Boys Basketball Tournament.
 - ❖ All “first round” games will be played on Monday; all “quarter round final” games will be played on Tuesday.
 - ❖ All “first round” and “quarter round final” games shall be played at the higher seeded team’s site.
 - ❖ If only one game is played for either the “first round” or “quarter round final” the game will begin at 7:00 p.m. If there are two games played at one site, the starting time will be 6:15 p.m. for the first game; the second game will begin twenty minutes after the conclusion of the first game.
 - ❖ The semi-final and final division games will be played at one site on Thursday and Friday. The starting time will be 6:15 p.m. for the first game; the second game will begin twenty minutes after the conclusion of the first game. The 6:15 p.m. semi-final game will be played by the Girls during odd years; the Boys will play the 6:15 p.m. game during even years.
 - ❖ The Consolation Final and Championship Game shall be played at one site on Saturday. The time schedule for the Consolation Final and Championship Game shall be as follows:
 - Girls Consolation Final----- 2:15 p.m.
 - Boys Consolation Final-----4:00 p.m.
 - Girls Championship ----- 5:45 p.m.
 - Boys Championship----- 7:30 p.m.
- d) The Central Conference “All Division” shall be as follows:
- ❖ The coaches will select players for the “All Division” teams at the March meeting of the Conference, Week 37 of the NSAA calendar.
 - ❖ The Ballot to vote for “All Division” players is available from each member school’s Activities Director.
 - ❖ Each Division coach may nominate no more than five (5) players from their own team.
 - ❖ Each coach shall rank the ten (10) best players, in the Division. Each player shall be weighted; the best player shall receive ten (10) points regressing to one (1) point for the tenth best player.
 - ❖ A coach may vote for their own player(s).
 - ❖ The five players receiving the greatest number of points in the balloting shall be designated the All Division First Team. The remaining players shall be designated the All Division Second Team. If a tie exists for the tenth position, the tenth player will be determined by a secret vote of the coaches involving only the two players who are tied. A coach may vote for their own player.

- ❖ If a player is nominated for “All Division” and is not selected for the First or Second All Division Teams but receives a vote on two ballots that player will be designated Honorable Mention All Division.
- ❖ Ballot and final results will be turned into the Vice Chairperson of each division. Results will not be released to the media until approved by the Vice Chairperson.

Section 9: Wrestling:

- a) The Central Conference Wrestling Tournament shall be held on Saturday during Week 31 of the NSAA calendar.
 - ❖ The NSAA Rules for the District Seeding Meeting shall be followed for the seeding of the wrestlers.
 - ❖ The seeding meeting will take place the morning of the Conference Meet.
 - ❖ The Standard Sixteen (16) Team Double Elimination Brackets shall be used when there are more than eight (8) wrestlers per weight class. The Standard Eight (8) Team Double Elimination Bracket shall be used when there are less than eight (8) wrestlers per weight class.
 - ❖ Each weight division will compete for the first four places.
 - ❖ The Conference Wrestling Tournament shall follow all NSAA District Wrestling guidelines.

Section 10: Track:

- a) The Central Conference Relays, both Boys and Girls will be held during Week 39 of the NSAA calendar.
 - ❖ Participating member schools shall provide officials and individuals to assist with the Field Events.
 - ❖ Field Events:
 - Each member school may have three (3) participants per event
 - No finals will be held for the field events
 - The following Field Events will be held:
 - Shotput----- Four (4) throws per participant
 - Discus----- Four (4) throws per participant
 - Long Jump----- Four (4) jumps per participant
 - Triple Jump----- Four (4) jumps per participant
 - High Jump (Boys)
 - High Jump (Girls)
 - Pole Vault (Boys)
 - Pole Vault (Girls)

❖ Running Events:

- The host school of the Central Conference Relays will be responsible for hiring the starters for the meet.
- The following Running Events will be held:
 - 4 X 1600 Meter Relay – Boys
 - 1600 Meter Medley – Girls -- 200 Meters; 200 Meters; 400 Meters; 800 meters
 - 1600 Meter Medley – Boys
 - 4 X 60 Meter High Hurdle Shuttle – Girls
 - 4 X 70 Meter High Hurdle Shuttle – Boys
 - 4 X 800 Meter Relay – Girls
 - 4 X 800 Meter Relay – Boys
 - Distance Medley – Girls -- 800 Meters; 400 Meters; 1200 Meters; 1600 Meters
 - Distance Medley – Boys
 - 4 X 131 Low Hurdle Shuttle – Girls -- 30 Inch High Hurdles; Four Hurdles
 - 4 X 132 Low Hurdle Shuttle – Boys -- 36 Inch High Hurdles; Four Hurdles
 - Sprint Medley Relay – Girls -- 100 Meters; 100 Meters; 200 Meters; 400 Meters
 - 4 X 400 Meter Relay – Boys
 - 4 X 400 Meter Relay – Girls
 - 4 X 200 Meter Relay – Boys
 - 4 X 200 Meter Relay – Girls

b) The Central Conference Track Meet shall be held during Week 44 of the NSAA calendar.

❖ The events and order of events for the Conference Track Meet shall follow the NSAA guidelines for District Track Meet competition.

- The Girls Events will be run first followed by the Boys Events
- Field Events:
- The following Field Events will be held:

Pole Vault – Girls – Boys -----	9:30 a.m.
Shotput – Boys -----	10:00 a.m.
Long Jump – Boys	
Discus – Girls	

Long Jump – Girls
High Jump – Boys

- Discuss – Boys ----- 12:00 Noon
 - Triple Jump – Boys
 - Shotput – Girls
 - Triple Jump – Girls
 - High Jump – Girls
- If the number of competitors in a running event is such that preliminary heats are necessary to determine the qualifiers for the finals, the following order of events from the NSAA Rules for District Track and Field Meets shall be followed.
- The following Running Events will be held:
- 3200 Meter Relay Finals
 - 100 Meter High Hurdles Preliminaries - Girls
 - 110 Meter High Hurdles Preliminaries – Boys
 - 100 Meter Preliminaries
 - 400 Meter Dash Finals
 - 100 Meter Dash Semi-finals
 - 3200 Meter Run Final – Girls
 - 3200 Meter Run Final – Boys
 - 200 Meter Dash Preliminaries

BREAK

- 100 Meter High Hurdles – Girls
- 110 Meter High Hurdles – Boys
- 100 Meter Dash
- 800 Meter Run
- 300 Meter Low Hurdles – Girls
- 300 Meter Intermediate Hurdles – Boys
- 200 Meter Dash
- 1600 Meter Run
- 400 Meter Relay
- 1600 Meter Relay

Section 11: Soccer:

- a) The Central Conference Soccer Tournament shall be held during Week 41 of the NSAA calendar.
- ❖ Brackets for the Conference tournament are continually updated and available on the Central Conference website.

- ❖ The Central Conference Soccer Tournament shall follow the same guidelines as the NSAA for District Soccer competition.
- ❖ Teams will be seeded according to NSAA wild card points on Monday, Week 41 of the NSAA calendar. If two teams have identical wild card points, the winner of the game between the two teams who tied will receive the higher tournament seed. If there has not been “head to head competition” between the two teams tied, the teams will draw for the seed in the pairings. If three teams have identical wild card points, the teams will draw for their seed in the pairings.
- ❖ Host site is responsible for providing shaggers and all other workers for all games. The home team in each game is responsible for the official scorebook. The official time is kept on the field.
- ❖ All games go directly to a “shoot out” if tied after regulation play.
- ❖ Odd years, boys play first round on Saturday; even years, girls play first round on Saturday.
- ❖ All “first round” games will be played on Thursday at the higher seeded team’s site.
- ❖ The teams playing in the “first round” of the Tournament shall mutually agree on a starting time.
- ❖ The semi-final and final games will be played at one site on Saturday. The starting times are as follows:
 - Girls Semi-final Game----- 10:00 a.m.
 - Boys Semi-final Game----- 12:00 Noon
 - Girls Consolation and Championship Games----- 2:00 p.m.
 - Boys Consolation and Championship Games----- 4:00 p.m.

b) The Central Conference “All Conference Soccer Teams” selection shall be as follows:

- ❖ The coaches will meet during Week 43 of the NSAA calendar to select the All Conference teams.
- ❖ The ballot to vote for All Conference players is available from each member school’s Activities Director.
- ❖ Coaches will select an all-conference 1st and 2nd team consisting of a total of twenty-two (22) players.
- ❖ The Ballot to vote for All Conference players is available for each member school’s Activities Director.
- ❖ Each coach may nominate players not to exceed twenty-two (22) players, with no more than nine (9) players from their own team.
- ❖ Each coach shall rank the best twenty-two (22) players from those nominated for consideration. Each player shall be weighted; the best player shall receive twenty-two (22) points regressing to one (1) point for the twenty-second best player.
- ❖ The eleven players, receiving the greatest number of points in the balloting shall be designated the All Conference First Team. The next eleven(11) players shall be designated the All Conference Second Team. If a tie exists in the balloting

between two or more players, the player will be determined by a secret vote of the coaches involving only the two or more players who are tied. A coach may vote for their own player.

- ❖ If a player is nominated for All Conference and is not selected for the All Conference First or Second Team, but receives two votes in the balloting, will be designated Honorable Mention
- ❖ Ballot and final results will be turned into the Vice Chairperson of each division. Results will not be released to the media until approved by the Vice Chairperson.

Section 12: Speech:

- a) The Central Conference Speech Contest shall be held during Week 35 of the NSAA calendar.
- b) The Conference Speech Contest shall consist of two preliminary rounds and a final round.
 - ❖ All individual Speech events with seventeen (17) or more participants will be divided into three (3) sections.
 - ❖ All group Speech events with eight (8) or more entries, will be divided into two (2) sections.
 - ❖ There will be two judges in the final round.
 - ❖ If there are not sufficient entries in an event to warrant a preliminary round, a final round will only be conducted in that event. Final round points will be awarded in addition to corresponding preliminary round points when calculating team scores.
 - ❖ Preliminary Round:
 - Superior----- Four (4) Points
 - Excellent----- Three (3) Points
 - Good----- Two (2) Points
 - Fair----- One (1) Point
 - ❖ Final Round:
 - First Place----- Six (6) Points
 - Second Place----- Five (5) Points
 - Third Place----- Four (4) Points
 - Fourth Place----- Three (3) Points
 - Fifth Place----- Two (2) Points
 - Sixth Place----- One (1) Point

- ❖ If a tie exists, the winner will be determined by the following in rank order:
 - The individual or team with the highest rating points.
 - The individual with a predominance of one's and/or two's, etc. Example: If two individuals or teams are tied and one is ranked 4/1 and the other is ranked 3/2, the individual or team with the ranking of 4/1 would be declared the winner due to the highest single rank.
 - The individual or team who had the highest rank points in the Preliminary Round(s). Example: If one individual or team received a ranking of 1/1 and the other 2/2, the former would ~~win~~ be declared the winner due to the highest single rank.
 - The individual or team who had the greatest number of rating points during the Preliminary Round(s).
 - If "head to head competition" occurred during the Preliminary Round(s), the individual or team who received the greatest number of points.
 - If, after all the above criteria are used and a tie still exists, the individual or team shall remain tied.
 - If there is a tie in the Team or Sweepstakes Points, follow the tie-breaking rules of the NSAA Speech Manual.

- c) The host school is responsible for securing judges for the Conference Tournament.
 - ❖ For every ten (10) participants in the Speech Contest, one (1) judge shall be secured. Two judges will be secured for each final event.
 - ❖ Judges shall be selected from the NSAA list of approved judges-

Section 13: Play Production:

- a) The Central Conference Play Production Contest will be held during Week 21 of the NSAA calendar. The contest shall follow the NSAA guidelines for District Play Production.

Section 14: Honor Band:

- a) The Central Conference Honor Band shall be comprised of students in Grades 9—12.
- b) The Central Conference Honor Band Clinic will be held during the 38th Week of the NSAA Calendar.
- c) The Honor Band selection will be by audition only and shall be conducted by Week 34 of the NSAA calendar. Auditions shall be conducted during Week 32 of the NSAA calendar with results being posted by Week 34 of the NSAA Calendar.

- ❖ All band instructors from participating schools will be involved in the taped audition process.
 - ❖ The band instructor from the school hosting the Conference Honor Band shall select the audition music scores and disseminate such scores to the band instructors of all participating schools by Week 28 of the NSAA calendar.
 - ❖ The band instructor from the school hosting the Conference Honor Band shall assign director's audition assignments, tally and announce the audition results.
 - ❖ A maximum of One Hundred Ten (110) students shall be selected.
- d) The clinician for the Conference Honor Band shall be selected by the band instructors of the participating schools.
- ❖ The band instructor from the school hosting the Conference Honor Band shall be responsible conducting the clinician selection process.
 - ❖ The selection of the clinician to conduct the Conference Honor Band shall be completed by November 1st.
 - ❖ A list of music scores shall be compiled by the guest clinician and band instructors from participating schools to make selections for the Conference Honor Band by January 1st February 1st.

ARTICLE III

Conference Tournaments

Section 1: Dates and Sites of Conference Tournaments

Dates and sites shall be established on a ten year cycle. The By-Law Review Committee shall annually update and finalize the ten year rotating cycle and report the same to the member schools at the March meeting of the Conference.

Section 2: Admission Prices for Conference Tournaments:

Central Conference Tournaments where admission is charged, the rates shall be \$5.00 per adult and \$4.00 per student.

Section 2: Availability and Suitability of Conference Tournament Venues:

Each member school who participates in a particular athletic event or activity, shall be in the rotation to host the Conference tournament. If the host school does not have the availability or suitability to host the tournament, it shall be the responsibility of the host school to arrange a site suitable to accommodate the Conference tournament athletic

event or activity. All costs incurred over and above those compensated by the Conference shall be bore by the host school.

Section 3: Host School Event Director’s Responsibilities:

The host school’s Event Director is responsible for contacting the Conference Secretary with the following upon hosting a Conference athletic event or activity:

- ❖ The results of the athletic event or activity.
- ❖ A list of member schools who participated in the athletic event or activity.
- ❖ A financial recapitulation of the athletic event or activity.
- ❖ A list of the judges and/or officials who served at the athletic event or activity.
- ❖ The fees charged member schools, if assessed, to participate in the event or activity.
- ❖ Any other information or suggestions that enhance future Conference athletic events or activities.

Section 4: Conference Tournament Activities:

The following athletic events and activities have a Conference Tournament:

- ❖ Cross Country
- ❖ Softball
- ❖ Girls Golf
- ❖ Boys Golf
- ❖ Volleyball
- ❖ Wrestling
- ❖ Boys Basketball
- ❖ Girls Basketball
- ❖ Boys Soccer
- ❖ Girls Soccer
- ❖ Track
- ❖ Speech
- ❖ Play Production

Section 5: Central Conference Host Fees:

- a) The Participating school who hosts a Central Conference Tournament or Activity shall be paid a fee for hosting such tournaments or activities.
- b) The following fee shall be paid to schools who host Central Conference Tournaments or Activities:

- ❖ Cross Country----- \$ 200.00
- ❖ Volleyball----- \$ 400.00 plus 25% of the gross receipts.

Schools who host bunny games receive 25% of the gross receipts for games played at their site.

- ❖ Softball----- \$ 250.00 plus 25% of the gross receipts
- ❖ Wrestling----- \$ 400.00 plus 25% of the gross receipts
- ❖ Boys & Girls Basketball----- Each school that hosts a Conference game shall receive 25% of the gross receipts for games played at their site.
- ❖ Boys & Girls Track----- The host schools shall retain all gate receipts
- ❖ Track Relays----- \$ 325.00
- ❖ Boys & Girls Soccer----- \$ 350.00 plus all gate receipts. Schools who host the bunny bracket games receive 25% of the gross receipts for games played at their site.
- ❖ Boys & Girls Golf----- \$ 350.00
- ❖ Conference Honor Band----- \$ 300.00
- ❖ Play Production----- \$ 300.00
- ❖ Speech----- \$ 350.00

Section 6: Tournament Officials and/or Judges:

- a) A recommendation from coaches and/or sponsors from the participating schools for officials, for all Central Conference sponsored tournaments activities and meets, shall be submitted to the Conference Secretary/Treasurer as soon as possible after the current year’s Conference tournament, activity or meet.
- b) The Conference Secretary/Treasurer or his/her designee shall contract and pay officials, for all Conference tournaments, activities or meets.
 - ❖ Officials, directors, judges and Track starters should be paid according to NSAA District Tournament rates.
 - ❖ In the event NSAA rates are not applicable, the Secretary/Treasurer is authorized to negotiate a reasonable rate of pay.
 - ❖ Consideration should be given to the proximity of the official, director, judge or Track starter, to the Conference tournament, activity or meet.

SECTION 7: Awards

- a) No awards, certificates, or plaques shall be presented to adults on behalf of the Central Conference without the expressed or written approval of the Executive Committee of the Conference.

per weight class. Wall brackets for each weight class used for the Conference Tournament will be given to each respective champion

- ❖ Boys and Girls Basketball- Twelve (12) medals will be awarded to the Conference Champion Team, Conference Runner-Up Team.
- ❖ Boys & Girls Soccer--- Twenty (20) medals will be awarded to the Conference Champion and to the Runner-Up Champion Teams.
- ❖ Boys & Girls Track----- Medals will be given to the top six places in each event.
- ❖ Track Relays----- Medals will be awarded to first place in each event. Ribbons will be awarded through 6th places in each event.
- ❖ Play Production----- Fifteen (15) medals will be awarded to the Conference Championship Team.
- ❖ Speech----- The same number of medals awarded in NSAA district competition will be awarded in conference competition. Medals will be awarded to the top six places in each event.
- ❖ Honor Band ----- Certificates will be awarded to students who participate in the Conference Honor Band.
- ❖ Certificates will be awarded to those selected “All Conference” or “Honorable Mention” in the following sports:
 - Volleyball
 - Boys and Girls Basketball
 - Softball
 - Soccer

h) The following coaches awards shall be issued by the Central Conference:

- ❖ A paper weight will be awarded to one individual who was coach of a girls sport and to one individual who was coach of a boys sport. In the event recognition should be given to a sponsor of a non-athletic activity of the Central Conference, an additional paper weight will be awarded to the individual sponsor.
 - The award, engraved with the coaches name, school district, the school year being recognized, the Central Conference medallion and the sport or activity the individual coached or sponsored.
 - Individuals who are head coaches of all sports where a Conference Champion is recognized are eligible for the award.

- The individuals recognized shall be honored at the September meeting of the Conference.
 - The individual may be recognized posthumously.
 - If the individual has retired or no longer is a teacher/coach of a member Conference School, the individual will be invited to the Conference meeting for the award.
 - The Secretary/Treasurer shall contact the activities director from each Conference School for nominations.

- ❖ A plaque will be awarded to the coach or sponsor of any Conference Championship team or activity.

Section 8: Academic All Conference:

Each Central Conference school may award Academic All Conference Certificates to students who meet the following criteria:

- ❖ The student must be a junior or senior.
- ❖ The student must participate in at least two (2) Central Conference or NSAA sponsored activities during the current school year.
- ❖ If, in the event, a sport or activity is used to determine eligibility for a student which is held in the Spring, that student must be participating in that sport or activity at the time Academic All Conference Awards are determined.
- ❖ The student must have a minimum cumulative Grade Point Average (GPA) of 3.5 or a percentage GPA equal to the lowest “A” in the grading scale used by the school.
- ❖ Academic All Conference Awards will be issued in May.

Section 9: Annual Central Conference All Sports Award:

The Annual Central Conference All Sports Award has been established to promote and encourage student participation and athletic achievement by schools in the Central Conference. The goal of the award is to increase positive school spirit, student athletic support and greater student awareness of, and interest in, the member school’s athletic program.

- a) A plaque will be presented to the Central Conference School that has accumulated the greatest number of points throughout the school year. The plaque will be presented to the member school at the conclusion of the final Central Conference sanctioned spring sport.

- b) The Central Conference All Sports Award shall be considered a “traveling plaque,” whereby the recipient of the plaque can proudly display the plaque at their home site until such time a new recipient is determined.

- ❖ The Award will be retired to any member school that has been the recipient for three consecutive years.
- c) Only Central Conference sanctioned sports shall be used to determine the recipient of the Award.
- d) The following sports shall be recognized in determining the Central Conference All Sports Award:
 - ❖ Volleyball
 - ❖ Softball
 - ❖ Cross Country
 - ❖ Boys Golf
 - ❖ Girls Golf
 - ❖ Wrestling
 - ❖ Boys Basketball
 - ❖ Girls Basketball
 - ❖ Boys Soccer
 - ❖ Girls Soccer
 - ❖ Boys Track
 - ❖ Girls Track
- e) The Central Conference All Sports Award shall be determined as follows:
 - ❖ Tabulation will be made from Central Conference standings and points awarded.
 - Points will be awarded as follows:
 - Ten (10) points for first place
 - Nine (9) points for second place
 - Eight (8) points for third place
 - Seven (7) points for fourth place
 - Six (6) points for fifth place
 - Five (5) points for sixth place
 - Four (4) points for seventh place
 - Three (3) points for eighth place
 - Two (2) points for ninth place
 - One (1) point for tenth place
 - No points will be awarded to a member school who has not participated in the sanctioned sport or failed to qualify a “team” score, i.e., Golf, Cross Country.

- The following criteria shall be used for each sport:
 - Softball:
 - Conference Tournament Champion = First Place
 - Runner-Up Conference Tournament Champion = Second Place
 - Head to Head Competition in the Conference
 - Regular season record for remaining places
 - Volleyball:
 - Conference Tournament Champion = First Place
 - Runner-up Conference Tournament Champion = Second Place
 - Third Place Conference Tournament Champion = Third Place
 - Fourth Place Conference Tournament Champion = Fourth Place
 - Conference Tournament Quarterfinal losers placed 5, 6, 7, and 8 based upon their regular season win/loss percentages versus Central Conference Schools
 - Conference Tournament first round losers will be placed 9 and 10 based upon their win/loss percentage versus Central Conference Schools
 - Boys & Girls Cross Country:
 - The points shall be awarded as determined by the place each participating team finished in the Central Conference Cross Country Tournament
 - Boys & Girls Golf:
 - The points shall be awarded as determined by the place each participating team finished in the Central Conference Golf Tournament
 - Football:
 - The points shall be awarded as determined by the final point standings of the NSAA
 - Wrestling:
 - The points shall be awarded as determined by the place each participating team finished in the Central Conference Wrestling Tournament

- Boys & Girls Basketball:
 - Conference Tournament Champion = First Place
 - Runner-up Conference Tournament Champion = Second Place
 - Third Place Conference Tournament Champion = Third Place
 - Fourth Place Conference Tournament Champion = Fourth Place
 - Conference Tournament Quarterfinal losers placed 5, 6, 7, and 8 based upon their regular season win/loss percentages versus Central Conference Schools
 - Conference Tournament first round losers will be placed 9 and 10 based upon their win/loss percentage versus Central Conference Schools

 - Boys & Girls Track:
 - The points shall be awarded as determined by the place each participating team finished in the Central Conference Track Tournament

 - Soccer:
 - The points shall be awarded as determined by the place each participating team finished in the Central Conference Soccer Tournament.
- f) The Central Conference Secretary/Treasurer shall calculate the standings after the fall, winter and spring sports and forward the list to each Conference School's Activities Director to ensure accuracy of placement.