

**Central Conference Track and Field Championships  
2010  
Holdrege High School**

**Boys Results**

**Team**

1.	Aurora	159
2.	Northwest	83
3.	York	63
4.	Seward	60
5.	Holdrege	57
6.	Crete	49
7.	Fairbury	26
8.	Central City	12
9.	Lakeview	12
10.	Schuyler	6

**100 Meter Dash**

1.	James VanPelt	Aurora	11.3
2.	Ben Muff	Crete	11.4
3.	Trevor Thorell	Aurora	11.4
4.	Derek Dauel	York	11.6
5.	Aaron Paulsen	Crete	11.6
6.	Tyson Broekemeier	Aurora	11.6

**200 Meter Dash**

1.	Trevor Thorell	Aurora	22.6
2.	Derek Dauel	York	23.0
3.	Devin Korada	Seward	23.0
4.	Micah Kohlwey	Seward	23.2
5.	Anthony Rodriguez	Central City	23.3
6.	Tyson Broekemeier	Aurora	23.4

**400 Meter Dash**

1.	Conner Hellsteen	Northwest	49.9
2.	Cody Rush	Northwest	50.2
3.	James VanPelt	Aurora	50.9
4.	Colton Stone	Fairbury	51.3
5.	Anthony Rodriguez	Central City	51.7
6.	Chase Perry	Aurora	52.8

**800 Meter Run**

1.	Grant Vlasin	Seward	2:03.3
2.	Alex Schoneman	Holdrege	2:03.5
3.	Carlos Arita	Crete	2:04.2
4.	Anthony Rodriguez	Central City	2:05.6
5.	Daniel Buss	Seward	2:06.3
6.	Jacob Wollam	Crete	2:07.2

### 1600 Meter Run

1.	Jerod Schoneman	Holdrege	4:37.1
2.	Dylan Obermier	York	4:41.1
3.	Brian Vasey	Northwest	4:42.2
4.	Alex Obermier	York	4:45.1
5.	Ethan Damman	Seward	4:47.7
6.	Chris Mauer	York	4:48.6

### 3200 Meter Run

1.	Jerod Schoneman	Holdrege	9:55.1
2.	Alex Obermier	York	9:59.3
3.	Dylan Obermier	York	10:00.8
4.	Ethan Damman	Seward	10:10.4
5.	Anthony Epp	Northwest	10:32.0
6.	Jom Wollam	Crete	10:42.3

### 110 Meter High Hurdles

1.	Jake Suhr	Seward	15.0
2.	Joshua Bart	Aurora	15.4
3.	TJ Tulus	Lakeview	15.6
4.	Drew Danielson	York	16.4
5.	Robby Allmand	Holdrege	16.6
6.	Jacob Shaffer	Aurora	16.7

### 300 Meter Intermediate Hurdles

1.	Pat Stoltenberg	Northwest	40.1
2.	Joshua Bart	Aurora	40.6
3.	Chase Perry	Aurora	41.6
4.	Tanner Martin	Northwest	42.6
5.	Drew Danielson	York	43.5
6.	Robby Allmand	Holdrege	43.9

### 4X100 Meter Relay

1.	Aurora	44.3
2.	York	44.8
3.	Seward	44.8
4.	Crete	44.9
5.	Northwest	45.1
6.	Central City	47.2

### 4X400 Meter Relay

1.	Northwest	3:23.2
2.	Fairbury	3:32.7
3.	Aurora	3:33.7
4.	Holdrege	3:35.9
5.	Central City	3:36.6
6.	Seward	3:38.5

### 4X800 Meter Relay

1.	Holdrege	8:12.4
2.	Seward	8:15.5
3.	Northwest	8:29.1
4.	Crete	8:29.6
5.	Aurora	8:54.7
6.	Central City	9:05.3

### Shot Put

1.	Andrew Rodriguez	Aurora	53'06.5"
2.	Ryne Reeves	Crete	52'11"
3.	Kyle Emanuel	Schuyler	52'05.5"
4.	Kyle McCarthy	Aurora	52'04.5"
5.	Jacob Griess	Northwest	48'04"
6.	Trey Farmer	Seward	47'07.5"

### Discus

1.	Andrew Rodriguez	Aurora	163'01
2.	Jacob Griess	Northwest	156'08"
3.	Ryne Reeves	Crete	150'06"
4.	Jake Spanjers	York	145'09"
5.	Pierce Griffin	Fairbury	138'09"
6.	Ross Martin	Holdrege	137'11"

### Pole Vault

1.	Beau Simmons	Aurora	14'10"
2.	Kylon Fett	Fairbury	14'02"
3.	Alex Freburg	Holdrege	13'00"
4.	Ethan Hollertz	Holdrege	12'06"
5.	Zach Taylor	York	12'06"
6.	Josh Kline	Northwest	12'00"

### High Jump

1.	Sam Shaw	Aurora	6'00"
2.	Seth Schnakenberg	Aurora	5'10"
3.	Andrew Stegman	Lakeview	5'10"
4.	Tanner Specht	Fairbury	5'08"
5.	Josh Kimbrough	Northwest	5'08"
6.	Ben McQuiston	Aurora	5'08"

### Long Jump

1.	Sam Shaw	Aurora	21'05.75"
2.	Trevor Thorell	Aurora	21'02"
3.	Aaron Paulsen	Crete	20'07.5"
4.	Ricky Hulse	York	19'11.5"
5.	Nate Coleman	Northwest	19'10"
6.	Robby Allmand	Holdrege	19'04"

### Triple Jump

1.	Pat Stoltenberg	Northwest	42'05"
2.	Sam Shaw	Aurora	42'03"
3.	Blake Barry	Seward	40'09.5"
4.	Austin Smith	Aurora	40'03"
5.	Colin Lauenroth	Crete	39'04.5"
6.	Garrett Wahl	Crete	39'03"

### Girls Results

#### Team

1.	Seward	100
2.	Crete	95
3.	Fairbury	77
4.	Aurora	76
5.	Northwest	66
6.	York	60
7.	Holdrege	40
8.	Central City	8
9.	Lakeview	2

### 100 Meter Dash

1.	Kaitlin Bradley	Crete	12.6
2.	Jamie Huber	York	12.7
3.	Jordanne Speer	Central City	12.8
4.	Jessie Hall	York	13.2
5.	Traci Bohlmeier	Fairbury	13.5
6.	Kacie Hixson	Aurora	13.5

### 200 Meter Dash

1.	Kaitlin Bradley	Crete	25.8
2.	Amanda Reetz	Crete	26.3
3.	Jensen Cromer	Fairbury	26.6
4.	Jamie Huber	York	27.2
5.	Meggie Ehle	Fairbury	27.3
6.	Beth Bohuslavsky	Seward	27.8

### 400 Meter Dash

1.	Jensen Cromer	Fairbury	59.4
2.	Amanda Reetz	Crete	1:00.1
3.	Emily Cady	Seward	1:01.7
4.	Meggie Ehle	Fairbury	1:01.9
5.	Kaley Werner	Northwest	1:02.7
6.	Karlee Kemper	Crete	1:02.8

### 800 Meter Run

1.	Maggie Schneider	Aurora	2:20.6
2.	Natasha Mueller	Seward	2:23.1
3.	Miranda Karn	Holdrege	2:25.4
4.	Karlee Kemper	Crete	2:25.5
5.	Marti Vlasin	Seward	2:26.7
6.	Emily Braun	Aurora	2:31.8

### 1600 Meter Run

1.	Liz Damman	Seward	5:25.9
2.	Kelsey Christensen	Seward	5:27.2
3.	Maggie Schneider	Aurora	5:27.6
4.	Miranda Karn	Holdrege	5:37.6
5.	Taylor Seaman	Seward	5:49.4
6.	Taylor Lucas	York	5:54.9

### 3200 Meter Run

1.	Kelsey Christensen	Seward	11:27.5
2.	Miranda Karn	Holdrege	11:43.1
3.	Taylor Lucas	York	12:24.4
4.	Logan Sieck	Crete	12:24.5
5.	Taylor Seaman	Seward	12:41.0
6.	Jami Evans	Northwest	12:52.8

### 100 Meter High Hurdles

1.	Nikki Muff	Crete	15.9
2.	Jessie Allen	Aurora	15.9
3.	Kenzie Hlmink	Fairbury	16.4
4.	Liz Spellman	York	16.5
5.	Emily Hintz	Crete	16.8
6.	Suzy Garcia	York	16.9

### 300 Meter Low Hurdles

1.	Tess Moyer	Aurora	47.0
2.	Kenzie Helmink	Fairbury	48.1
3.	Morgan Hill	Crete	50.2
4.	Katie Earll	Northwest	50.4
5.	Suzy Garcia	York	50.9
6.	Katie VanLandingham	Aurora	51.1

### 4X100 Meter Relay

1.	York	50.3
2.	Crete	51.0
3.	Northwest	52.2
4.	Seward	52.4
5.	Central City	52.7
6.	Fairbury	53.2.

### 4X400 Meter Relay

1.	Seward	4:08.6
2.	Aurora	4:11.8
3.	Crete	4:12.3
4.	Fairbury	4:16.5
5.	Northwest	4:18.6
6.	York	4:20.6

### 4X800 Meter Relay

1.	Seward	10:13.3
2.	Holdrege	10:31.0
3.	Northwest	10:38.5
4.	Fairbury	10:54.0
5.	Aurora	11:15.0

### Shot Put

1.	Alyssa Kamphaus	Seward	47'05"
2.	Taylor Johnson	Northwest	42'00.5"
3.	Mandy Osborne	Fairbury	38'08"
4.	Janessa Kobza	Fairbury	37'05"
5.	Sarah Leimser	Lakeview	37'04.75"
6.	Melinda Stauffer	Aurora	36'05.5"

### Discus

1.	Alyssa Kamphaus	Seward	140'00"
2.	Janessa Kobza	Fairbury	132'09"
3.	Taylor Johnson	Northwest	128'02"
4.	Tatum Peery	Seward	123'07"
5.	Mandy Osborne	Fairbury	122'00"
6.	Michaela Gray	Holdrege	114'10"

### Pole Vault

1.	Christi Anderson	Northwest	11'00"
2.	Tess Merrill	Northwest	11'00"
3.	Carly Grenfell	York	9'06"
4.	Suzy Garcia	York	9'00"
5.	McKenna Thiem	Crete	9'00"
6.	Kelsie Ludeke	Holdrege	8'06"

### High Jump

1.	Melissa Golus	Holdrege	5'03"
2.	Jessie Allen	Aurora	5'02"
4.	Jessie Hall	York	5'00"
4.	Nicole DeBoer	York	4'10"
5.	Rebekah Spader	York	4'10"
6.	Michaela Schimmer	Northwest	4'10"

**Long Jump**

1.	Tess Moyer	Aurora	16'11"
2.	Kaitlin Bradley	Crete	16'03.5"
3.	Shaylea Duba	Crete	16'02.75"
4.	Meggie Ehle	Fairbury	16'01"
5.	Beth Bohuslavsky	Seward	15'07"
6.	Zoie Smetter	Seward	14'09.5"

**Triple Jump**

1.	Tess Moyer	Aurora	36'07"
2.	Tess Merrill	Northwest	34'11.5"
3.	Jensen Cromer	Fairbury	34'09.5"
4.	Taylor Johnson	Northwest	34'03"
5.	Shaylea Duba	Crete	34'00.5"
6.	Emily Cady	Seward	33'09"