

**2005 Central Conference Relays
Seward High School
April 4, 2005**

Girls Results

Long Jump

	<u>School</u>	<u>Athletes</u>	<u>Effort</u>
1			
2			
3			
4			
5			
6			

Triple Jump

	<u>School</u>	<u>Athletes</u>	<u>Effort</u>
1			
2			
3			
4			
5			
6			

High Jump

	<u>School</u>	<u>Athletes</u>	<u>Effort</u>
1			
2			
3			
4			
5			
6			

Pole Vault

	<u>School</u>	<u>Athletes</u>	<u>Effort</u>
1			
2			
3			
4			
5			
6			

Shot Put

	<u>School</u>	<u>Athletes</u>	<u>Effort</u>
1			
2			
3			
4			
5			
6			

Discus

	<u>School</u>	<u>Athletes</u>	<u>Effort</u>
1			
2			
3			
4			
5			
6			

4 x 100 Meter Relay

	<u>School</u>	<u>Athletes</u>	<u>Effort</u>
1			
2			
3			
4			
5			
6			

4 x 200 Meter Relay

	<u>School</u>	<u>Athletes</u>	<u>Effort</u>
1			
2			
3			
4			
5			
6			

4 x 400 Meter Relay

	<u>School</u>	<u>Athletes</u>	<u>Effort</u>
1			
2			
3			
4			
5			
6			

4 x 800 Meter Relay

	<u>School</u>	<u>Athletes</u>	<u>Effort</u>
1			
2			
3			
4			
5			
6			

240 Meter High Hurdle Shuttle

	<u>School</u>	<u>Athletes</u>	<u>Effort</u>
1			
2			
3			
4			
5			
6			

524 Meter Low Hurdle Shuttle

	<u>School</u>	<u>Athletes</u>	<u>Effort</u>
1			
2			
3			
4			
5			
6			

1600 Meter Medley Relay

	<u>School</u>	<u>Athletes</u>	<u>Effort</u>
1			
2			
3			
4			
5			
6			

Sprint Medley Relay

	<u>School</u>	<u>Athletes</u>	<u>Effort</u>
1			
2			
3			
4			
5			
6			

Distance Medley Relay

	<u>School</u>	<u>Athletes</u>	<u>Effort</u>
1			
2			
3			
4			
5			
6			

Team Results

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10

**2005 Central Conference Relays
Seward High School
April 4, 2005**

Boys Results

Long Jump

	<u>School</u>	<u>Athletes</u>	<u>Effort</u>
1			
2			
3			
4			
5			
6			

Triple Jump

	<u>School</u>	<u>Athletes</u>	<u>Effort</u>
1			
2			
3			
4			
5			
6			

High Jump

	<u>School</u>	<u>Athletes</u>	<u>Effort</u>
1			
2			
3			
4			
5			
6			

Pole Vault

	<u>School</u>	<u>Athletes</u>	<u>Effort</u>
1			
2			
3			
4			
5			
6			

Shot Put

	<u>School</u>	<u>Athletes</u>	<u>Effort</u>
1			
2			
3			
4			
5			
6			

Discus

	<u>School</u>	<u>Athletes</u>	<u>Effort</u>
1			
2			
3			
4			
5			
6			

4 x 100 Meter Relay

	<u>School</u>	<u>Athletes</u>	<u>Effort</u>
1			
2			
3			
4			
5			
6			

4 x 200 Meter Relay

	<u>School</u>	<u>Athletes</u>	<u>Effort</u>
1			
2			
3			
4			
5			
6			

4 x 400 Meter Relay

	<u>School</u>	<u>Athletes</u>	<u>Effort</u>
1			
2			
3			
4			
5			
6			

4 x 800 Meter Relay

	<u>School</u>	<u>Athletes</u>	<u>Effort</u>
1			
2			
3			
4			
5			
6			

240 Meter High Hurdle Shuttle

	<u>School</u>	<u>Athletes</u>	<u>Effort</u>
1			
2			
3			
4			
5			
6			

524 Meter Low Hurdle Shuttle

	<u>School</u>	<u>Athletes</u>	<u>Effort</u>
1			
2			
3			
4			
5			
6			

1600 Meter Medley Relay

	<u>School</u>	<u>Athletes</u>	<u>Effort</u>
1			
2			
3			
4			
5			
6			

Sprint Medley Relay

	<u>School</u>	<u>Athletes</u>	<u>Effort</u>
1			
2			
3			
4			
5			
6			

Distance Medley Relay

	<u>School</u>	<u>Athletes</u>	<u>Effort</u>
1			
2			
3			
4			
5			
6			

Team Results

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10