

Central Conference Relays Girls Meet Records

Event	Record Holders	School	Record	Year
240 M High Hurdle Shuttle	Holly Andrews Amy Jackman Brooke Aldrich Rachel Roebke	Seward	39.3	2004
524 M Low Hurdle Shuttle	Holly Andrews Amy Jackman Sarah Broeker Rachel Roebke	Seward	1:16.6	2004
400 Meter Relay	Janna Hammon Melissa Welch Lori Johnsen Leslie Klone	York	50.4	1990
800 Meter Relay	Janna Hammon Melissa Welch Lori Johnsen Leslie Klone	York	1:48.5	1990
1600 Meter Relay	Nancy Sims Melissa Meyer Brenda Voss Melissa Rauert	Northwest	4:14.7	1985
3200 Meter Relay	Stacie Nienkamp Angie Morgan Andrea Vyhnalek Jenny Eberspacher	Crete	10:08.3	1985
Distance Medley Relay	Stacie Handrup Keri Miller Eliza Goothius Kathryn Handrup	Aurora	13:05.2	1998
Sprint Medley Relay	Charlene O'Brien Sue Lind Ann Tisthammer Sue Robinson	Albion	1:46.3	1979
1600 Medley Relay	Ashley Solt Jacey Kuck Kay Broekemeier Cassie Manhart	Central City	4:18.9	2002
High Jump	Traci Daberkow Mindy Roby Melissa Meyer	Northwest	15'04"	1983
	Karen Fink Michelle Fink Chelsea Hood	Crete	15'04"	1992
Long Jump	Sue Lind Sue Robinson Chris Sherill	Albion	50'00.25"	1979
Shot Put	Lori Uher Michelle Stritzke Jamie Buchli	Fairbury	112'01.5"	1997
Discus	Lori Uher Ryan Hergott Jamie Buchli	Fairbury	376'	1997
Triple Jump	Sara Joe, Steph Ebke, Ashley Stang	Fairbury	101'6"	2006
Pole Vault	Talli Walford Jill Bogengrief Michelle Norquest	York	29'06"	2002

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280 M High Hurdle Shuttle	Jeff Luebbe Jeff Aldrich Andrew Pearson Josh Kenney	Seward	34.9	2002
530 Meter Int Hurdle Shuttle	Josh Kenney Jeff Luebbe Jeff Aldrich Andrew Pearson	Seward	1:05.1	2002
400 Meter Relay	Andy Kadavy Andrew Pearson Jeff Aldrich Jeff Luebbe	Seward	43.7	2002
800 Meter Relay	Andy Kadavy Andrew Pearson Jeff Aldrich Jeff Luebbe	Seward	1:31.9	2002
1600 Meter Relay	Mark Volf Tom Haase Mike Pheigaru Jeff Schneider	Aurora	3:28.5	1985
3200 Meter Relay	Peter Hess Erik Broderick Zak Hartmann Jason Jisa	Seward	8:09.9	1998
6400 Meter Relay	Craig Morgan Mitch Mueller Zach Martens Tom Unger	Seward	18:55.3	2002
Distance Medley Relay	Russ Heins Tom Janky Doug Bonnesen Dave Keil	Northwest	10:53.6	1985
	Tom Haase Jeff Schneider John Allen Jason Schneider	Aurora	10:53.6	1985
1600 Medley Relay	Ben Collingham Justin Hinze Justin Staehr Jeremy Collins	York	3:39.0	1998
Shot Put	Marty Kobza Scott Schmid	Schuyler	153'03.5"	1978
Discus	Ryan Bauer Doug Hentzen Zach Eikmerier	Northwest	470'08"	1995
Long Jump	Doug Hinze Marc Felix Steve Gleisburg	Seward	62'02"	1976
Triple Jump	Mike Dodge Curt Criner Mark Wiedergreen	Fairbury	127'06"	1990
High Jump	Erich Ehrlich Jon Burhoop Justin Burhoop	Seward	18'05"	1995
Pole Vault	Zach Holoch Sheldon Budler Adam Teniente	York	41'09"	2004